Sacred Heart Cathedral, St. Mary's Church andSibu Jaya.

The Holy Seasons of Lent & Easter 2019
Creation Justice: "Freedom"
"Rejoice & Be Glad": Call to Holiness

"For the creation waits with eager longing for the revealing of the children of God" Rom8:19

DATE / DAY	VENUE	ACTIVITY / TIME	PRESIDER
6 March Ash Wednesday	**Cathedral**	6:15am – Mand. 5:30pm – English 7:30pm – Iban	
	St. Mary's	6:00am - English 7:30pm - English	
	Sibu Jaya	8:00pm – Iban St. James – Iban:8pm	
	Others	Selangau – Iban:7pm, Tamin – Iban:7pm, Sekuau – Iban:7pm	

Stations of the Cross on Fridays of Lent in the Cathedral

Mandarin: After 6:15am Mass (Monday - Saturday) .
English: 5:30pmfollowed by Mass.
Iban: 7:30pm followed by Mass.

St. Mary: 7:00pm followed by Mass (in English**).**
Sibu Jaya: 7:30pm followed by Mass (in Iban).

8th March (Friday)	**Sacred Heart Cathedral**	**Stations of the Cross & Mass as usual** 6:15am –Mandarin; 5:30pm – English; 7:30pm -Iban
15th March (Friday)		6:15am – Mandarin;5:30pm – English; 7:30pm - Iban
22nd March (Friday)		6:15am –Mandarin; 5:30pm – English; 7:30pm -Iban
24th March (Sunday)	**Sacred Heart Cathedral**	**Lenten Blood Donation** **Sacred Heart Hall (SK St. Rita) 8:30am – 12:00 noon**
29th March (Friday)	**Sacred Heart Cathedral**	**Stations of the Cross & Mass as usual** 6:15am –Mandarin; 5:30pm – English; 7:30pm -Iban
5th April 1st Friday (Ching Ming Day)	**Sacred Heart Cathedral** **St. Mary's**	6:15am - Mand.; 9:00am (Catholic Cemetery- Mand) 7:30pm – combined language Mass 6:00am – Eng. 7:00pm Stations of the Cross followed by Mass – Eng.
8th April (Monday)	**Sacred Heart Cathedral**	***Lenten Reflection & Community Penitential Service** 7.30pm (*in Mandarin*) followed by Individual Confession in all languages*
9th April (Tuesday)		7.30pm(*in English*) followed by Individual Confession in all languages*
10th April (Wednesday)		7.30pm (*in Iban*) followed by Individual Confession in all languages*
11th April (Thursday)	**St. Mary's**	***Lenten Reflection & Community Penitential Service** 7.30pm(*in English*) followed by Individual Confession in all languages*
12th April (Friday)	**Sibu Jaya**	***Lenten Reflection & Community Penitential Service** 7.30pm(*in Iban*)followed by Individual Confession in all languages (**Stations of the Cross**): 7:00pm
12th April (Friday)	**Sacred Heart Cathedral**	**Stations of the Cross & Mass as usual** 6:15am – Mandarin; 5:30pm - English; 7:30pm -Iban
13th April (Saturday)	**Sacred Heart Cathedral** **St. Mary's**	**SUNSET MASS : PALM SUNDAY OF THELORD'S PASSION** **INDIVIDUAL CONFESSION**- 4:00pm to 5:00pm Novena at 5:00pm & Sunset Mass at 6:00pm- Eng.**- Blessing of Palms inside the Cathedral** Novena at 6:00pm & Sunset Mass at 7:00pm(English)

14th April **(Palm Sunday)**	**Sacred Heart Cathedral** **St. Mary's** **Sibu Jaya**	**PALM SUNDAY OF THELORD'S PASSION** **All morning Masses start from Front Gate with Blessing of Palms and Procession into the Cathedral** 6:45am : Mandarin; 8:45am – Iban; 11:00am – (English) Evening : 5:30pm Blessing of Palms & Mass (English) Morning : 7:30am (English) Morning : 7:30am (Iban)
15th April (Monday) **16th April (Tuesday)**	**Sacred Heart Cathedral** **St. Mary's**	**INDIVIDUAL CONFESSION** Morning: 9:00 – 11:30am; Afternoon: 3:00 – 5:00pm Morning: 9:00 – 11:30am
16th April (Tuesday)	**Sacred Heart Cathedral**	***CHRISM MASS (Priests' Day)* - Bishop & all the Priests** Evening: 7:30pm English, Mandarin &Iban combined language Mass(no Mass at 5:30pm)
18th April (Thursday)	**Sacred Heart Cathedral** **St. Mary's** **Sibu Jaya** **St. James**	**MAUNDY THURSDAY** **" SOLEMN CELEBRATION OF THE LORD'S SUPPER "** Evening**:** 7:.30pm(English/Mandarin/Iban combined language Mass) (Exposition Of The Blessed Sacrament till 12.00midnight; Language Apostolate Duty Roster : 9-10pm: Iban, 10-11pm: Mandarin, 11-12pm: English) **(NO other Mass or Confession)** Evening: 7:30pm (English) Vigil till mid-night Evening : 8:00pm (Iban) Vigil till mid-night Evening : 8:00pm (Iban) Selangau: 7:00pm (Iban); Sekuau: 7:00pm (Iban); Tamin: 7:00pm (Iban)
19th April (Friday)	**Sacred Heart Cathedral** **St. Mary's** **Sibu Jaya** **St. James**	**GOOD FRIDAY OF THE LORD'S PASSION** **"Day of FASTING & ABSTINENCE"** *(Fasting & Abstinence is compulsory for those aged 18 to 59 years old whileabstinence of meat binds all aged 14 and above)* Afternoon : 2:00pm (Iban service) Afternoon : 5.00pm (English & Mandarin combined language service) **(NO Mass, Confession or Holy Hour)** Afternoon : 3:00pm (English Service) Afternoon : 3:00pm (Iban Service) Afternoon : 3:00pm (Iban Service) Selangau: 3:00pm (Iban); Sekuau: 3:00pm (Iban);Tamin: 3:00pm (Iban)
20th April (Saturday)	**Sacred Heart Cathedral** **St. Mary's** **Sibu Jaya** **St. James**	**HOLY SATURDAY** **"Celebration of The Lord's Resurrection"** Evening : 6:00pm(English & Mandarin combined language Mass) – Baptism Evening:9:15pm (Iban Mass) - Baptism **(NO other Mass, Novena or Confession)** Evening: 6:30pm (English) Evening : 8:00pm (Iban) Evening : 8:00pm (Iban) Selangau: 7:30pm (Iban); Sekuau: 7:30pm (Iban);Tamin: 7:30pm (Iban)
21st April (Sunday)		**EASTER SUNDAY MASS TIME AS ON NORMAL SUNDAY**

A BLESSED, HOLY LENT
AND JOYFUL EASTER TO ALL!